

Covid19 Delta Level 2 Guidelines



These guidelines are intended to help you make a professional judgment as to your responsibilities as a counsellor under Covid Delta Level 2. We encourage you to read through each link to better understand the requirements and to implement them as necessary.

Agency/Organisation/School

If you are contracted to, or working in, an **agency, organisation, or school** (or similar) then you will need to follow their guidelines for Covid Delta Level 2. This may also apply if your private practice office is in the same building as one of these entities.

Private Practice

In a phone call to the MOH helpline on Wednesday 8 September 2021 the advice given for counsellors at this alert level is:

- **Telehealth and virtual appointments are still the preferred option (i.e. working from home is preferred)**

If you need to meet in person:

- [Contact tracing](#) - Clients and counsellor need to scan in with the COVID app or complete a manual log that notes the person's name, contact details, date, time in/out
- [Screen for symptoms before meeting](#)
- Maintain physical distancing of at least 2m
- Use of Facemasks is **highly recommended** at all times (including during sessions). This is because you are in contact with your client in an enclosed space for a prolonged period of time. Mask use is not mandatory unless you, or your client, are in a public facing area e.g. reception area, public waiting area etc.
- Take into consideration [Infection prevention control](#) measures
- [Transmission precaution measures](#) considered i.e. hygiene, sanitation, cleaning

Other Links

Among others, here are some helpful links.

[COVID-19: Advice for community allied health, scientific and technical providers](#)

[Alert Level 2 – Information on what Alert Level 2 means for you.](#)

[Doing business at Alert Level 2](#)

[QR Code Posters](#)